

Health and Wellbeing Board
Meeting Date 17th January 2019

Item Title: STP Update - NHS 10 Year Plan

Responsible Officer: Phil Evans, STP Director
Email: phil.evans@nhs.net

1.0 Summary

This report highlights the NHS 10 Year Plan, published by NHS England January, 2019.

The [NHS Long Term Plan](#) is a new plan for the NHS to improve the quality of patient care and health outcomes. It sets out how the £20.5 billion budget settlement for the NHS, announced by the Prime Minister in summer 2018, will be spent over the next 5 years. Similar to the Shropshire Health and Wellbeing Strategy, the plan focusses on the life course approach, supporting people to start well, live well and age well.

The following are key areas (from the Summary plan summary which can be found in Appendix A) from the plan:

1. Doing things differently: we will give people more control over their own health and the care they receive, encourage more collaboration between GPs, their teams and community services, as 'primary care networks', to increase the services they can provide jointly, and increase the focus on NHS organisations working with their local partners, as 'Integrated Care Systems', to plan and deliver services which meet the needs of their communities.
2. Preventing illness and tackling health inequalities: the NHS will increase its contribution to tackling some of the most significant causes of ill health, including new action to help people stop smoking, overcome drinking problems and avoid Type 2 diabetes, with a particular focus on the communities and groups of people most affected by these problems.
3. Backing our workforce: we will continue to increase the NHS workforce, training and recruiting more professionals – including thousands more clinical placements for undergraduate nurses, hundreds more medical school places, and more routes into the NHS such as apprenticeships. We will also make the NHS a better place to work, so more staff stay in the NHS and feel able to make better use of their skills and experience for patients.
4. Making better use of data and digital technology: we will provide more convenient access to services and health information for patients, with the new NHS App as a digital 'front door', better access to digital tools and patient records for staff, and improvements to the planning and delivery of services based on the analysis of patient and population data.
5. Getting the most out of taxpayers' investment in the NHS: we will continue working with doctors and other health professionals to identify ways to reduce duplication in how clinical services are delivered, make better use of the NHS' combined buying power to get commonly used products for cheaper, and reduce spend on administration.

To ensure the delivery of this plan the Shropshire/ T&W STP will be working hard to draw together strategic plans and support the implementation of transformative ways of working. Please see Appendix B for a letter from Sir Neil McKay to system colleagues for more detail.

2.0 Recommendations

That the Board notes the NHS Long Term Plan as per this report and the short presentation.

REPORT

3.0 Background

As highlighted above the STP Programme Management Office will support the delivery of the local strategic planning and NHS planning cycles. The table below (also included in Appendix B) displays the planning dates, deadlines and responsible officers.

Date (when)	Requirement (what)	Responsible (who)	Sign Off (how)	submitted to (where)
14th Jan 2019	Initial Plan submission Activity Focussed	Claire Skidmore Jon Cooke	Commissioners and Providers	NHSE STP PMO
12th Feb 2019	Draft Organisational Operational Plans submitted <i>Commissioner & Provider Led</i>	SaTH (Karen Barnett) S CCG (Julie Davies) T&W (Fran Beck) RJAHS (Kerry Robinson) MPFT (Cathy Riley) ShropCom (Ros Preen) Shropshire Council (tbc) Telford & Wrekin Council (tbc)	Existing Governance within commissioners & providers	NHSE & I STP PMO
19th Feb 2019	Draft Aggregate system operating plan submission System Operating Plan Overview Contract / Plan Alignment submission <i>STP Led through CS & JC</i>	STP Programme Management Office & System Partners	SLG Commissioners & Providers for oversight	NHSE & I
Feb / March	Relevant Board meetings to decide re arbitration	Commissioners & Providers	NHSE & I Commissioners & Providers	Outcome of arbitration to NHSE
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4th Apr 2019	Final Organisational Operational Plans submitted <i>Commissioners & Providers</i>	Commissioners & Providers	Existing Governance	NHSE STP PMO
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4.0 Conclusions

The Long Term Plan focusses on providing integrated services and there is a renewed focus on developing a population health approach to supporting people in our communities, as well as supporting and enhancing our workforce.

Significant effort across the system will be required to galvanize plans, and to place population health and prevention at the heart of services.

5.0 Risk Assessment and Opportunities Appraisal

(NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)

The HWBB must consider all transformation planning in light of equalities and potential impacts to all groups.

6.0 Financial Implications

There are no direct financial implications that need to be considered with this update, however there will be significant financial impact as a result of implementing the NHS Long Term Plan.

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

[NHS Long Term Plan](#)
[19/20 Operational Planning & Contracting Guidance](#)

Cabinet Member (Portfolio Holder)

Cllr Lee Chapman
Portfolio Holder for Adult Services, Health and Housing

Local Member

N/A

Appendices

NHS Long Term Plan Summary – Appendix A below

The NHS Long Term Plan – a summary

Find out more: www.longtermplan.nhs.uk | **Join the conversation:** [#NHSLongTermPlan](https://twitter.com/NHSLongTermPlan)

Health and care leaders have come together to develop a Long Term Plan to make the NHS fit for the future, and to get the most value for patients out of every pound of taxpayers' investment. Our plan has been drawn up by those who know the NHS best, including frontline health and care staff, patient groups and other experts. And they have benefited from hearing a wide range of views, whether through the 200 events that have taken place, and or the 2,500 submissions we received from individuals and groups representing the opinions and interests of 3.5 million people.

This summary sets out the key things you can expect to see and hear about over the next few months and years, as local NHS organisations work with their partners to turn the ambitions in the plan into improvements in services in every part of England.

What the NHS Long Term Plan will deliver for patients

These are just some of the ways that we want to improve care for patients over the next ten years:

Making sure everyone gets the best start in life

- reducing stillbirths and mother and child deaths during birth by 50%
- ensuring most women can benefit from continuity of carer through and beyond their pregnancy, targeted towards those who will benefit most
- providing extra support for expectant mothers at risk of premature birth
- expanding support for perinatal mental health conditions
- taking further action on childhood obesity
- increasing funding for children and young people's mental health
- bringing down waiting times for autism assessments
- providing the right care for children with a learning disability
- delivering the best treatments available for children with cancer, including CAR-T and proton beam therapy.

Delivering world-class care for major health problems

- preventing 150,000 heart attacks, strokes and dementia cases
- providing education and exercise programmes to tens of thousands more patients with heart problems, preventing up to 14,000 premature deaths
- saving 55,000 more lives a year by diagnosing more cancers early
- investing in spotting and treating lung conditions early to prevent 80,000 stays in hospital
- spending at least £2.3bn more a year on mental health care
- helping 380,000 more people get therapy for depression and anxiety by 2023/24
- delivering community-based physical and mental care for 370,000 people with severe mental illness a year by 2023/24.

Supporting people to age well

- increasing funding for primary and community care by at least £4.5bn
- bringing together different professionals to coordinate care better
- helping more people to live independently at home for longer
- developing more rapid community response teams to prevent unnecessary hospital spells, and speed up discharges home.
- upgrading NHS staff support to people living in care homes.
- improving the recognition of carers and support they receive
- making further progress on care for people with dementia
- giving more people more say about the care they receive and where they receive it, particularly towards the end of their lives.

How we will deliver the ambitions of the NHS Long Term Plan

To ensure that the NHS can achieve the ambitious improvements we want to see for patients over the next ten years, the NHS Long Term Plan also sets out how we think we can overcome the challenges that the NHS faces, such as staff shortages and growing demand for services, by:

1. **Doing things differently:** we will give people more control over their own health and the care they receive, encourage more collaboration between GPs, their teams and community services, as 'primary care networks', to increase the services they can provide jointly, and increase the focus on NHS organisations working with their local partners, as 'Integrated Care Systems', to plan and deliver services which meet the needs of their communities.
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What happens next

Sustainability and Transformation Partnerships (STPs) and Integrated Care Systems (ICSs), which are groups of local NHS organisations working together with each other, local councils and other partners, now need to develop and implement their own strategies for the next five years. These strategies will set out how they intend to take the ambitions that the NHS Long Term Plan details, and work together to turn them into local action to improve services and the health and wellbeing of the communities they serve – building on the work they have already been doing. This means that over the next few months, whether you are NHS staff, a patient or a member of the public, you will have the opportunity to help shape what the NHS Long Term Plan means for your area, and how the services you use or work in need to change and improve.



To help with this, we will work with local Healthwatch groups to support NHS teams in ensuring that the views of patients and the public are heard, and Age UK will be leading work with other charities to provide extra opportunities to hear from people with specific needs or concerns. Find out more

More information is available at www.longtermplan.nhs.uk, and your local NHS teams will soon be sharing details of what it may mean in your area, and how you can help shape their plans.



Sir Neil McKay
Shropshire, Telford & Wrekin STP Chair
Programme Management Office

RE: **Organisational Operational Plans**
15.01.2019 Long Term Plan update & STP System Requirements

Date

Dear Colleagues,

The [19/20 Operational Planning & Contracting Guidance](#) has now been published, there is an expectation that STP Commissioners & Providers work in partnership to ensure individual organisational operational plans align with each other and support the Long Term Plan refresh due in the Autumn.

We as a system working through the STP Programme Management Office will need to produce the required plans and updates, the requirements are summarised on the next page.

Process and Timescales

Submission of organisational operational plans (**12th February**) and aggregated system plans (**19th February 2019**) Systems and organisations are asked to develop plans in line with the timetable below.

“The plans need to be the product of partnership working across STPs/ICSs, with clear triangulation between commissioner and provider plans to ensure alignment in activity, workforce and income/expenditure assumptions, evidenced through agreed contracts”.

The STP PMO will require oversight of all Organisational Operational Plans and will draft the system narrative for the aggregated submissions as detailed in the timetable above working with the relevant leads.

Following on from the submission of Operational Plans (**11th April**) there is a requirement to refresh our STP Long Term Plan. This work will be led by the STP PMO working closely with STP System Leaders, STP Programme Delivery Group members and wider stakeholders, expectation of a draft by **31st Aug** and final by the **Autumn** as required.

In addition to the Organisational Operational Plans and the Long Term Plan refresh, some of you will also be involved in our Integrated Care System (ICS) Development Programme and Commissioning Capability Programme both are supporting our STP development towards an ICS.

The STP PMO will be contacting each of you setting out requirements to support completion of this work.

Yours Sincerely
Sir Neil McKay,



STP Chair, Shropshire, Telford & Wrekin Sustainability & Transformation Partnership

Cc – STP Senior Leadership Group (SLG)

Cc – STP Programme Delivery Group

Cc – STP Leads for Individual Organisational Operational Plans

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Shropshire, Telford & Wrekin Sustainability and Transformation Programme

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